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### 2022 is a 6 Universal Year

6 energy is domestic, **advising**, **friendly**, **tolerant**, **supportive**, **appreciative**, **peacemaking**, **protective**, **humanitarian**, **re-sponsible**, **devoted**, **loving**, **stable**, **sensible**, **creative**.

The focus is on **home and family**, **relationships**, romance, friendships, **balanced living** & the **love of home**.

### Questions to think about when working with Jamie:

- How are you caring for others?
- How are you caring for yourself?
- Are you setting healthy boundaries?
- How can you create healthy and balanced relationships with others and with yourself too?
- How can you create more balance in your life?
- How welcoming is your home for you and others?
- How do you express yourself creatively?



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